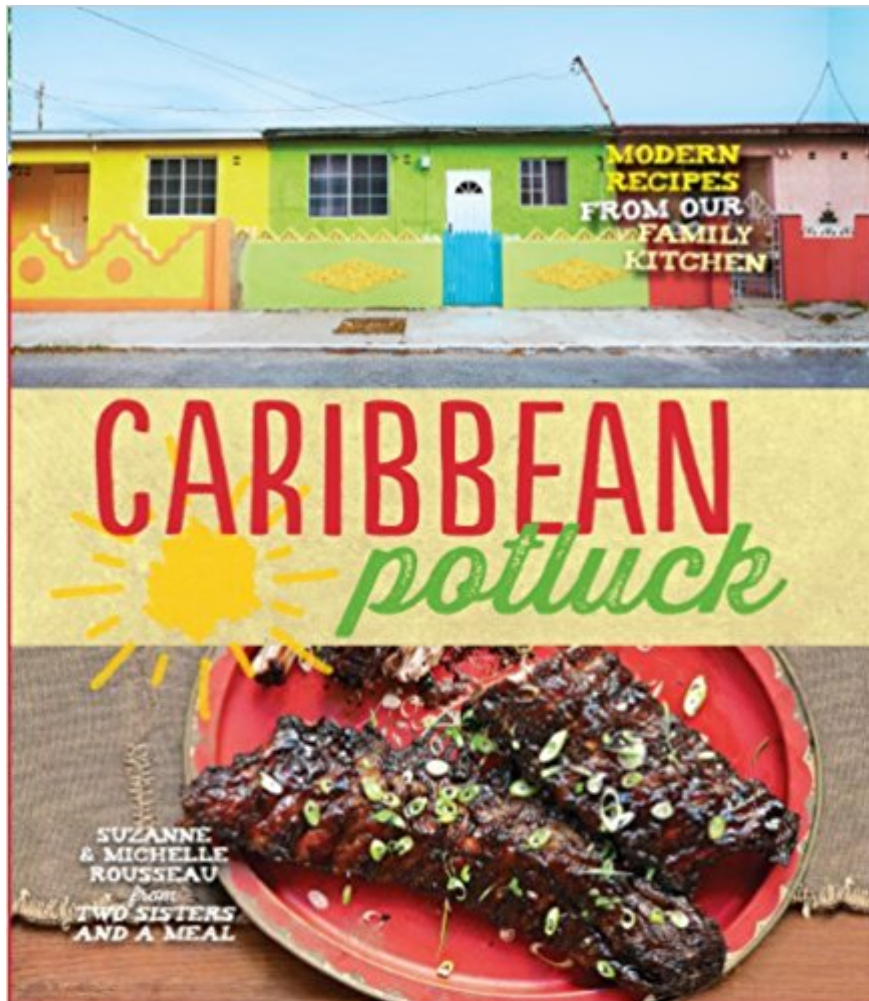


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# Caribbean Potluck: Modern Recipes From Our Family Kitchen



## Synopsis

Throughout the centuries, the Caribbean's warm and welcoming islands have embraced many cultures and races, adopting and adapting the traditions, cuisine and cultural norms of its new residents. As a result, Caribbean food has emerged as an intriguing fusion of different flavors and ingredients. Sister chefs Suzanne & Michelle Rousseau's food offers a glimpse into this diversity of culture, race, and history that makes the islands of the Caribbean a fine place to savor beautiful landscapes, turquoise oceans, hot sunny days, warm sultry nights, urban cities, poverty, wealth, intoxicating music and fantastic food. Taking a walk down memory lane from Jamaica to Trinidad and back, the sisters explore how the flavors, tastes and food memories of their childhood influenced their unique cooking style, which combines tradition with modernity. Broken down into chapters like Fetin' Time: Pickings and Sippings; Ciao! Bella - Wicked Pasta, Island Style; Alfresco Caribbean - Grill Pan and Coal Pot Cooking; and Our Roots - Ground Provisions, Veggies and Sides, the sisters will include over 100 family recipes and classic favorites of the region alongside their own original recipe creations. Start off with a Jerked Chicken and Cashew Spring Roll, enjoy a Caesar Salad with Solomon Gundy Vinaigrette and Hardo Croutons, indulge in Mummy's Roast Pork with Cracklin' or go healthier with Herb Dusted Mahi Mahi Fillet in Banana Leaves and Pimento Compound Butter. A side of Rum Brown Sugar Plantain and a dessert of Matrimony Ambrosia Parfaits would end any meal well. Rounded out with an extensive pantry, glossary, and sources (including substitutes), stunning location photography and mouth-watering food shots, Caribbean Potluck is sure to be the most current and enticing bible on Caribbean food.

## Book Information

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## Customer Reviews

Everything about this book reminds me of the Caribbean. The authors really selected the best of the best when putting this together. Creative recipes. Vivid and colorful pictures. I have been a cooking fool ever since I got this book - the recipes are easy to follow, even if you have never cooked before.

We Love this book! My husband and I enjoy cooking, and especially love the Caribbean style of cooking for its variety of styles and ingredients. We made the Pasta Salad Cubana A La Sugardaddies over the weekend and it was absolutely "The Bomb"!!! Out of sight delicious! I like the way the book is laid out, and I love the stories too. These sisters are people I feel an instant friendship with, and I love that they advocate invention and creativity in cooking, and believe there are "many ways to cook a great dish -- the important thing is that you have a good time doing it". To be sure, there are many other recipes on our list of dishes from this book that we intend to make. One of the next recipes we will make is the Baked Bananas with Chocolate and Coconut Ice Cream. This weekend we will be making the 1-2-3-4 punch, for sure!! We are so happy to have this recipe book, and we highly recommend it to anyone who enjoys cooking.

Just recieved this book a few days ago and I already made the jerk chicken lasagna and it was absolutely amazing! My while family ate the whole pain such awesome flavors can't wait to try someother recipes!

Totally amazing book. They have truly captured the best of the Caribbean and put a little twist on some of the traditional favorites. I have made several recipes already and been blown away by all...from simple to complex combinations...follow the recipes and the outcome is sure to tantalize any palate! Whether you know Caribbean food or not this book gives you everything you need. My new bible for interesting and truly delicious dishes for sure!!

This book is awesome. It's not just the same old Caribbean standards. Suzanne & Michelle do a great job of sharing recipes that combine classic Caribbean flavors in new and fun ways. Lots of helpful pointers and beautiful pictures. If you like cooking Caribbean food, and are looking for a way to add in some new flavors, this book is a great addition to your kitchen.

What an amazing cookbook!!!! I have already tried several of the recipes, and looking forward to trying many more! Perfection!

An enjoyable collection of traditional recipes seasoned with island culture .. I am glad I discovered the Rousseau Sisters ,..bet you will too !

Wishing that it was more of a storybook cookbook!

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